

FACULTY OF
PHARMACY

كلية الصيدلة
جامعة الإسكندرية



NUTRACEUTICALS:
AN EVOLVING APPROACH IN HEALTHCARE

PHS 2023

Symposium

30 NOVEMBER
CONVENTION CENTER
FACULTY OF MEDICINE
ALEXANDRIA UNIVERSITY

Scientific
Program



www.phs-eg.com

Welcome to **PHS 2023** Symposium

The Faculty of Pharmacy, Alexandria University is delighted to extend a warm invitation to you for the highly anticipated PHS 2023 Symposium entitled “Nutraceuticals: an evolving approach in healthcare”, taking place on November 30th, 2023, at the Convention Center, Faculty of Medicine, Alexandria University. This year's symposium will immerse you in the captivating realm of nutraceuticals – where science converges with nature for enhancing well-being and healthcare.

Prepare to be inspired as we bring together esteemed speakers from academia, industry, and regulatory bodies, all under one roof. In three sessions, the PHS 2023 Symposium will showcase the regulatory aspects and industry trends of nutraceuticals, current clinical experience in Egypt and contribution of pharmaceutical research and practice to enhancing the efficacy and safety of nutraceuticals. Through thought-provoking discussions, exchange of knowledge and fostering networking and collaborations, this Symposium promises to be a unique transformative experience for all attendees.

Don't miss this exceptional opportunity to be part of the PHS 2023 Symposium and engage with leading experts in the field. Mark your calendars, as we embark on a journey of scientific exploration and discovery on November 30th, 2023. Stay tuned for more updates and join us for an unforgettable symposium experience!

UNDER THE PATRONAGE OF

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SPEAKERS INSTRUCTIONS

Congress halls will be equipped with:

Two laptops: one Apple Mac & one PC with Microsoft Windows 11 and Microsoft Office 2019.
Internet access will NOT be available inside the meeting rooms.

To ensure that the meeting progresses smoothly, please stick to the following instructions:

- All presentations should be recorded on a USB flash memory (preferred).
- Please save presentations in PowerPoint 2007 or later format for PC & Keynote for Apple.
- Upload your presentation early to the Audiovisual Center (RM Events) as we will load the presentations to the hard drive of our systems one hour before the sessions.
- No personal laptops are permitted for presentations.
- In case you have problems with your presentation(s), please do not hesitate to contact the IT support team (RM Events).



COMPUTERIZED COUNT-DOWN

Timer

will monitor speakers' time

So make sure to present during the given time,
as **NO EXTRA TIME IS ALLOWED**



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RM EVENTS

THURSDAY

30TH NOVEMBER, 2023

09:00 - 10:00

Registration

10:00 - 11:30

Opening/ Plenary Session

Moderator

Eman Shawky

10:00 - 10:10

Welcome note by PHS 2023 president

Mervat Kassem

10:10 - 10:30

Nutraceuticals: The science, the challenge and the path forward

Eman Shawky

10:30 - 10:50

Regulatory framework of nutraceuticals in Egypt

Rasha Galal

10:50 - 11:10

Evolution of nutraceuticals in Egyptian market

Mahmoud Farrag

11:10 - 11:25

Discussion

11:25 - 11:30

Important announcement 1

Eman Shawky

11:30 - 13:00

Session 1: **Applications of Nutraceuticals in Clinical Practice**

Moderator

Hanan El-Gowell

11:30 - 11:50

Nutraceuticals role in gut kidney axis

Ahmed Fathi ElKeraie

11:50 - 12:10

Nutraceuticals for brain & spine health

Amr Elwany

12:10 - 12:30

Can virgin coconut oil be the nutraceutical for autistic children ?

Walaa Mamdouh El-Meidany

12:30 - 13:00

Discussion

13:00 - 13:30

Coffee Break

THURSDAY

30TH NOVEMBER, 2023

13:30 - 14:00

Company Session



14:00 - 15:30

Session 2: Nutraceuticals: The Science Behind

Moderator

Hala Mostafa Hammada

14:00 - 14:20

Nutraceuticals as chemopreventive agents: Nature's healing touch

Mohamed Moheyeldin

14:20 - 14:40

Delivery platforms for nutraceuticals

Alyaa Ramadan

14:40 - 15:00

Nutraceutical approach to combat diabetes

Doaa Genena

15:00 - 15:20

Pharmacists' role in managing nutraceuticals consumption

Mohy El-Din El-Gaafary

15:20 - 15:30

Discussion

15:30 - 16:00 *Students Session : Thinking Green*

Moderators Heba Mandour, Ahmed Azab

15:30 - 15:40 **Green Extraction**
Gehad Saeed Senosy, Sarah Ali Eldesonsy
Supervisor: *Samah El Sohafy*

15:40 - 15:50 **Green Synthesis**
Nourhan Adel Mohammed, Nawal Mahmoud Abd El Salam
Supervisors: *Mona H. Badr, Perihan Elzahhar*

15:50 - 16:00 **Green Analysis**
Eman A. Hassanin
Supervisor: *Amira F. El-Yazbi*

16:00 - 16:30 *Closing*

Important announcement 2 by PHS 2023 chairman
Sherif Rostom



Organizing office in charge

RM EVENTS

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